

J-4 maintenance improves shop performance

By SGT Jolene Staker

Members of the J-4 maintenance section have been working to improve their operation every day. These improvements have led to a decrease of reliance on contract maintenance.

"The JTF used to have to send out about 80 percent of the repairs on the vehicles, now we send out about 10 percent," said CW3 Ralph Bird, Maintenance officer for the JTF.

Contracting less maintenance not only saves the JTF money, but it also decreases the amount of time that vehicles are non-mission capable.

Adding tools and equipment has been the major factor in allowing JTF mechanics to do more of the work in-house. When Bird took over the maintenance shop, they were operating out of three general mechanic toolboxes with a scattered array of tools that had



Photo by SGT Jolene Staker

SGT Kenneth Clark of the 177th Military Police Brigade pulls a tire out of the warehouse. Getting the equipment to change tires and ordering tires is one of the many ways that the maintenance section is saving the JTF money.

been left over from other shops.

They now have an entire room dedicated to tools and equipment with a full-time person, SGT Amilia Kline of the 384th Military Police Battalion. She is assigned to ensure that storage room contents are organized and inventoried on a regular basis.

Kline started out working on vehicles, which was not that much of a challenge for her since she worked as a diesel mechanic to put herself through nursing school. After being assigned to control the tool room, she faced a big learning curve. Kline took on the challenge and is now very knowledgeable about tools.

"I know every tool in here, and I know where it is," said Kline. "I know who has what tools, and they don't go home until they are turned in."

Snap-on toolboxes, tire machines, scanners to read codes on civilian vehicles and an assortment of hardware is just a small example of the equipment upgrades made to the maintenance shop.

Many of the Army personnel and especially those who are not civilian mechanics faced a large learning curve when beginning

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Inside the Wire ...

RUNNING SMOOTH



DRINK TO STAY FIT



EYE ON THE MARK



Trooper to Trooper

JTF GTMO 5 welcomes new deputy commander

Since my arrival five days ago, I have been exposed to almost every aspect of training taking place on Guantanamo. If first impressions are lasting ones, I am deeply impressed by the professionalism and motivation of all of the troopers I have seen and met. Clearly, the sense of pride, dedication, and commitment in the JTF Guantanamo community is evident. I wish to take this opportunity to thank all of the troopers who took time away from their mission in order to get me "up to speed". I have much to learn, but with the unselfishness and enthusiasm I have observed, I am confident that my transition into the role of Deputy Commander of JTF Guantanamo will be seamless.

During my short tenure on board, I have come to appreciate both the beauties of the island, and the demands of the While the MWR activities mission. remain outstanding, the OPTEMPO of the mission remains high. I came here with the advance team from the 50th Brigade of the New Jersey Army National Guard. The 50th Brigade is a part of the 42nd Infantry Division to which I was previously assigned as the deputy commander (maneuver) based out of The Vermont Army National Guard. Each National Guard soldier from the 50th Brigade holds a personal stake in contributing to the Global War on Terrorism as a result of 9/11. They have been on the bridges and tunnels of New York and New Jersey during Operation Noble Eagle, and bared witness to the aftermath and devastation of ground zero. They come to Guantanamo Bay with a sense of purpose and commitment towards defending the freedoms from those who would take them away. You will come to know them by their sense of patriotism, dedication, and willingness to excel towards the goals of the mission.



BG Martin J. Lucenti Sr.
Deputy Commander
JTF Guantanamo

To those who have served before us, and continue to assist us during the GTMO 5 rotation, I wish to extend a sincere "Thank You" from the "Jersey Blues." Your efforts will ensure our success.

I look forward to meeting all of the troopers that make this joint military community so successful. In an effort towards improving community service – I intend to play an active role. I encourage all troopers to do their part as I hold quality of life and welfare of the troopers in high regard. The challenge to all troopers is to remain diligent towards the mission. This mission is about our families and their way of life and the ability of our children to pursue their dreams.

Honor Bound.

Brigadier General Lucenti comes to the JTF from the Assistant Division Commander (Maneuver) of the 42nd Infantry "Rainbow" Division (Mechanized) headquartered in Troy, New York. This assignment follows a tour of duty as Assistant Division Commander (Support) from September 2000 through September 2002. On August 1, 2000 Brigadier General Lucenti completed a one-year tour of duty as the Team Chief for the Military Liaison Team (MLT) in Macedonia, Joint Contact Team Program (JCTP), United States European Command (EUCOM/J5).

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JTF finance department keeps things running

By SSG Patrick Cloward

Supplies are needed, your paycheck wasn't deposited, and the contractor can't get the materials he needs. Who makes it run so much smoother?

Like a reservoir supplies the water for a city, so the Joint Task Force Guantanamo Finance Department (J-8) supplies the needed funds to pay for whatever is needed for the mission against terror.

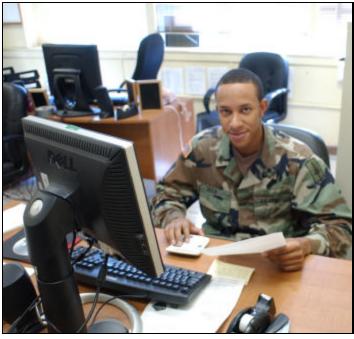
"It takes money to do good things," said LTC Lawrence A. Martin, an augmentee assigned as the JTF deputy comptroller for J-8. Martin hails from the 11th Battalion, 6th Brigade, 95th Division in Independence, "Working Mο through SOUTHCOM (Southern Command) it's part of my duty in advocating funding for the JTF and others. We get them the monev."

But working for getting that money can be a complicated and tedious process.

According to Martin, the JTF gets funds for various needs from three different sources. SOUTHCOM funding is primarily used for intelligence missions. Base operations funding is provided for Base Operations related JTF requirements.

The Base **Operations** includes things like repairing faucets," said Martin. "It might include repairing your air conditioner if it goes out. Basically, it provides for services for a little city, including the electricity, utilities, and cutting the grass."

Martin calls the United States Army South (USARSO) the JTF banker. "This is a funding stream that most people would go through for a tour of duty," said Martin. "They buy supplies such as your gasoline for cars and trucks." The funds



SPC Juan Disen of the 14th Finance Detachment from New York works for the J-8 as a budget clerk for the JTF.

would be used for almost any supplies that would be needed for every-day function of a military machine. Working through the Joint Detention Operations Group, detainee meals, laundry, and transportation of incoming and outgoing units would be supplied by this fund. "And then we monitor the spending using three different mechanisms for each," said Martin.

Monitoring that spending is a full-time job for experts like CPT Kim Chow, budget officer from the 14th Finance Detachment, New York City, N.Y.

"We have a system that puts transactions into the system when we need to know how much a section is spending," said Chow. "Then we can go into the program and find out how much to budget for each section, updating information every month."

Covering daily operations, like travel vouchers, emergency leave orders and how much each section is using, half of the 14th Finance Det. has been here to ensure mistakes are at a minimum.

"The first challenge after we got here was that there were new people from the rotation," said Chow. "As time went on, people learned what they needed for their section. So we were able to adjust their budget according to their needs." Chow added that working in the budget section is easier if you're good at numbers. For him and some of his staff, this is their first deployment. "Most of them were only familiar with a classroom environment," he said. "They had to adjust again to be here."

"You spend a couple of months in an area and get used to it," said SPC Juan Disen, whose time at Guantanamo marks his third deployment. "Then you have to move and adjust to a new environment. Usually we spend most time balancing funds updating spreadsheets in the system. We depend on everyone to give us information to keep things updated."

When it comes to keeping records updated, nothing is more personally critical than the Finance section of the J-8.

"We make sure everyone is receiving their entitlements," said SFC Stephanie Nielsen, finance NCOIC. "We research many different pay issues that everyone has and refer other branches to the proper contacts to get pay issues resolved." Everything from monitoring monthly inputs for foreign duty pay, basic allowance for housing, direct deposit, taxes, anything that has to do with pay for the JTF is done in finance, including fixing mistakes.

"Say a soldier's family at home is needing to get money back from a wrong account," she said. "We go through a long process to get it back for them."

When it comes to working the system in a timely manner, finance has the most experi-

"One challenge is getting a soldiers pay input correctly and in a timely manner because when a soldier needs pay, they need it now," said Nielsen. "We have to research to make sure they're entitled to what they've told me they're expecting to get and then we ask for documentation." recalled how one trooper got kicked out of the pay system and the people back home weren't able to help them. "We were able to get them started here." One thing she does recommend when establishing your pay or fixing a pay problem: "Make sure they bring the proper documents to make it more expedient so they don't have to keep coming back again and again," she said. "If they would call before they come in, they would know what they need."

Maintenance from page 1

this mission.

"Army personnel usually do not work on non-tactical equipment like the civilian vehicles in the JTF," said Bird. "The Air Force personnel really bring in the experience of working on the civilian vehicles, and we also have National Guard and Reserve soldiers who are mechanics for their full-time jobs."

Air Force personnel have been eager to share their knowledge.

"It's been fun to help train the Army personnel," said Air Force Staff Sgt. Luis Vela of Davis-Monthan Air Force Base, Tucson, Ariz. "We show them tips and short cuts to work on civilian vehicles; especially the computer controlled vehicles."

The learning has been a two-way street, because Army personnel know the tactical vehicles.

"They know civilian vehicles, and I know tactical vehicles," said SPC Cedric Brown of the 258th Military Police Company. "We learn from each other."

Bodywork and extremely heavy work such as pulling and rebuilding an engine are examples of the types of repairs that still have to be contracted out.

"Increasing the mechanic's ability to repair more vehicles has had a positive affect on trooper morale," said Bird. "They are learning a lot of knowledge that they will be able to take home with them and maybe help them get better jobs at home."

The dispatch process set up by maintenance section members is also vital to their success. Vehicles are to be dispatched every two weeks and a preventive maintenance inspection is conducted each time. This helps mechanics identify items that need to be replaced or fixed often saving more major repairs down the road.

"We can actually keep from deadlining a vehicle if we catch things in time," said Bird. "A good example of how this works is tires. If the driver will bring the vehicle in every two weeks we will notice when the tires are starting to go bad and order them. They can be replaced without ever deadlining the vehicle. If it is not brought in and tires are not ordered, the vehicle may be non-mission capable for two weeks waiting for tires to come in."

The dispatch process is for the vehicle operator's benefit and safety.

"I know 25 miles an hour doesn't seem very fast," said Bird. "But it is if something goes wrong and we want to prevent that."

One challenge that mechanics face is getting parts in a timely manner. They have suppliers who work well with getting parts to Norfolk, Va., to make the rotator flight, but often it will still take two weeks to get a part.

"Operators get frustrated when parts are on order. What takes two or three days at home can take two or three weeks here," said Bird. "We are trying to build up our inventory of parts, but there is no way to keep every part for every vehicle on hand."

While vehicle maintenance is a large part of J-4 maintenance members' job, they are also responsible for all JTF equipment.

"We don't necessarily fix everything, but we coordinate maintenance on all equipment to include radios, weapons, night vision equipment and everything else that is out there," said Bird.

Members of the maintenance section also work outside the shop when needed. They contributed two members a week to the food service section for about five months when it was short of personnel.

"This supported the food service section, but it also gave the mechanics a better understanding of the broader JTF mission," said Bird.

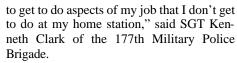
Maintenance members have also built markers for the ruck marches and target frames for the M-16 range, supplied light sets for JTF runs and helped move both the Red Cross and troopers into Camp America North.

Maintenance members say it has been a positive, growing experience for them to be a part of the JTF.

"This is my first deployment, so when I came here I was excited because I was going (right) SGT Amilia Kline of the 384th Military Police Battalion inventories tools and equipment.

(bottom) left to right: Air Force Staff Sgt. Robert Amtz and Air Force Staff Sgt. David Reyna work on one of the JTF's civilian vehicles.

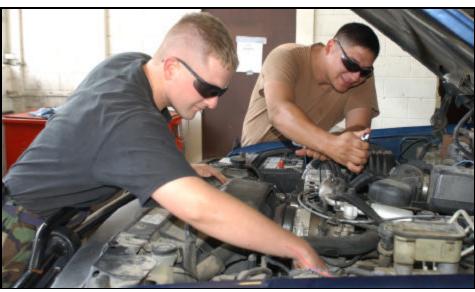
Photos by SGT Jolene Staker



"The most satisfying part of my job now is teaching the young military members their job and trying to direct them in the right direction," said SSG Charles Nance of the 216th Military Police Company. "I tell them not to half-do things – people's lives depend on them making the right decisions."

"Being here has made me a better person and a better soldier. It has also taught me how to become a leader," said SGT Erickk Horne of the 384th MP Bn. "I feel like the contributions I've made here will affect me in a positive way for the rest of my life."





US Naval Hospital highlights STD safety for JTF

As part of National Sexual Health Awareness Month, U.S. Navy Hospital (USNH) Health Promotion is offering sexual health education to our community. The national month-long campaign is directed as part of a global effort to educate the public about risk and prevention of sexually transmitted diseases (STDs), human immunodeficiency virus (HIV) infection and Auto Immune Deficiency Syndrome.

Unprotected sexual intercourse places persons at risk for STDs, HIV, AIDS and unintended pregnancy. Many people are aware of the most prominent STD, which is HIV; however, many other STDs affect millions of men and women each year. Many STDs initially cause no symptoms, especially in women, but when they do develop, they may be confused with those of other diseases that are not sexually transmitted. STDs can still be transmitted person to person even if they do not show symptoms. Also, health problems caused by STDs tend to be more severe for women than for men.

STDs affect men and women of all backgrounds and economic levels. Despite the fact that a great deal of progress has been made in STD prevention over the past four decades, the United States has the highest rates of STDs in the industrialized world, being 50-100 times higher here than in other industrial nations. In this country alone, an estimated 15.3 million new cases of STDs are reported each year.

STDs disproportionately affect women, infants, young people and minorities. AIDS is an issue for young people because 50 percent of all new STD infections occur among those under the age of 25. STDs are most prevalent among teens and young adults, with college students being the largest group with STD infections.

Some contributing factors in the rise of STDs include the facts that young people have become sexually active earlier, divorce is more common and sexually active people are more likely to have multiple sex partners.

What Are Some Health Risks of STD Infection?

STDs can result in irreparable lifetime damage, including blindness, bone deformities, mental retardation and death for infants infected by their mothers during gestation or birth. In women, STDs can lead to pelvic inflammatory disease (PID), infertility, potentially fatal ectopic pregnancies and cancer of the reproductive tract.

HIV and AIDS are health issues, not moral issues. Getting tested is important, especially if you are sexually active. We hope that our community will gain greater awareness of sexual health and be inspired to partake in the effort to be socially responsible when it comes to being sexually active.

According to statistics provided by the United Nations' AIDS council, one-quarter of the 850,000-950,000 people living with HIV and AIDS in the United States are unaware they are even infected.

If you are sexually active, you owe it to yourself, your partner and your future partners to be checked for STDs. The bottom line is STDs, HIV and AIDS are preventable. It is simple to protect yourself, so get the facts and make sure you are as safe as you can possibly be.

For individualized information or testing, schedule an appointment with your primary care manager at ext. 7-2110. To schedule group training at your worksite contact Health Promotion Director Lt. Cmdr. Agustin at ext. 7-2110.

Trooper on the Street

By SPC Katherine L. Collins

This week's question:

How do you think your service here contributed to the Global War on Terrorism?



SFC Ted Zaroff, 177th MP Co. JTF Legal Office

"Providing legal assistance to JTF GTMO, we allow the troopers to concentrate on the mission at hand of running a detention facility and collecting intelligence instead of worrying about legal matters at home."



Navy Petty Officer 1st Class Jonathan Enerva, Camp Delta Hospital

"Providing detainees with better medical care than most have ever experienced displays America's intent to not harm others but to simply protect human life and rights."



SPC Neal Bachen, 463rd MP Co., Joint Aid Station

"Providing health care to troopers to prevent and repair injuries, minor and major, we keep them fit to do the mission."



SFC William Wright, 217th MP Co.

"My job is ensuring detention blocks are properly staffed and the staff are properly handling any arising situations. Helping the facility run smoothly by properly caring for the detainees shows America is not a nation to be hated and helps us gather intelligence more quickly."



Petty Officer 3rd Class James Baggett, MSST 91110

"Maintaining water-born security, we allow JTF troopers to concentrate on their job of security the detainees and gathering intelligence without worrying about intrusion."

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177th Military Police Brigade



The 177th Military Police Brigade was originally organized and federally recognized on June 14, 1921 in the Michigan National Guard at Detroit as Headquarters Detachment, 1st Separate Squadron, Cavalry. It was inducted into Federal service on February 24, 1941 at Detroit before being reorganized and redesignated on February 14, 1944 as Battery A, 593rd Anti-aircraft Artillery Automatic Weapons Battalion.

The unit reorganized and was federally recognized on January 20, 1947 at Detroit as Headquarters and Headquarters Battery, 46th Division Artillery. It reorganized and was redesignated on April 1, 1960 as Headquarter and Headquarters Battery, 46th Infantry Division Artillery. It was ordered into active federal service on July 24, 1967 at Detroit; and released

from active federal service on August 2, 1967 at which point it reverted to state control. It was later reorganized and redesignated on February 1, 1968 as Headquarters and Headquarters Battery, 157th Artillery Group, and relieved from assignment to the 46th Infantry Division. It was then redesignated on February 1, 1972 as Headquarters and Headquarters Battery, 157th Field Artillery Group.

On April 1, 1976 the unit converted and was redesignated as Headquarters and Headquarters Company, 177th Military Police Group. Finally, it was reorganized and redesignated as Headquarters and Headquarters Company, 177th Military Police Brigade on November 7, 1985 before relocating on September 1, 1991 to Taylor, Mich..

As our time draws near to the end for our deployment, I want to thank each and every one of you for the very professional job you have done. I am sincerely proud of your efforts and the difference you have made in support of the Joint Task Force. Your accomplishments have been many and the experience you have gained has been immeasureable. Years from now we can all look back and realize that we have been part of history.

I also would like to thank all of those who have supported our efforts particularly our families and employers back home. They have sacrificed much so that we can defend our freedoms. Please insure that you extend your appreciation for their support.

Also working behind the scenes has been our Brigade Rear Command Post. They have conducted the day to day business that is so important to insure the mobilization readiness of our peacetime units.

Thanks again for a marvelous job.

Honor Bound.



BG Mitchell LeClaire Commander 177th Military Police Brigade

To the 177th MP Bde. HHC soldiers, 177th Rear Detachment, and Family Support Group, it has been an honor and privilege to serve as the commander of such a well-rounded and professional unit as the 177th. Over the past two years, it has been an exciting moment in my life to watch the unit grow and become a strong cohesive unit.

I would like to thank all of you for the excellent job you have done while deployed to Naval Station Guantanamo Bay, Cuba as part of the JTF. You have all accomplished an outstanding commitment in serving your country that you should be greatly proud of. Each of you has grown to become better soldiers, leaders, and members of an elite fighting force that set out to accomplish a mission in the Nation's fight on global terrorism. You performed this mission in a most excellent manner.

As we left Taylor, Mich., I thanked all the families for letting me borrow their loved ones. I would like to assure you that this was very much appreciated, and we could not have completed the mission here at the Joint Task Force with out them. I would also like to thank all the employers that sacrificed their employees over the past year. You should be proud of the job they have accomplished and I assure you, we will be returning better employees to you. We could not have done this with out your support.

The 177th rear detachment has provided integral support behind the scenes as well. They have provided us with as much support as we could have hoped for and then some. Your countless long hours and support have not gone unnoticed. Thank you again.

As our time here draws to an end, I would urge you to stay focused until we return to our loved ones from active duty. We have shed a few tears, had raised tempers, helped each other in time of need, and laughed together. We will look back in a few years and realize that's what makes the Michigan National Guard so strong and our unit so proud! Thanks again for the wonderful job you have done.

Honor Bound to Defend Freedom.



CPT James R. Sharich HHC Company Commander 177th Military Police Brigade

As we near the end of this deployment, excitement is evident in the air. Both soldiers and families are excited; anticipating the reunion. And we all have much to catch up on.

As I look back over the deployment, I cannot express in words how proud I am of the soldiers and families of the 177th MP Bde. Your sacrifice has allowed the Joint Task Force to continue this valuable mission.

Also, working behind the scenes has been our brigade-rear command post and family support team. They have conducted the day-to-day business that is important to ensure that our families are taken care of, and brigade business continues concerning mission readiness.

It has been an honor and a privilege to be the First Sergeant of the JTF HHC. I am sincerely proud of your efforts and the difference you have made in support of the Joint Task Force. Working in a joint environment has offered many challenges that we were not accustomed to before deploying to Guantanamo Bay. The soldiers in the 177th MP Bde. have proven that they could meet these challenges and excel.

While deployed to the Joint Task Force, the HHC has earned the Silver Physical Fitness Streamer. It is an accomplishment that has not been attained by any other HHC during the history of the Joint Task Force. Also, being committed to the professional development of the troopers assigned to the HHC, over 25 senior and junior Noncommissioned Officers have been promoted while assigned to Joint Task Force Guantanamo.

In closing, I would like to thank the senior leadership within the Joint Task Force that have taken us in and shown us "what right looks like." Also, I would like to take this opportunity to thank the NAVBASE community for the continuing support of the Joint Task Force.

Honor Bound!



1SG David L. Folsom First Sergeant 177th Military Police Brigade

RECREATION & LEISURE

Dehydration: How to retain the bodies nutrients

By Navy Lt. Tom Judy

Water is one of the most important nutrients in our body. It makes up approximately 70 percent of our muscles, and about 75 percent of our brains.

Dehydration is the condition that results from excessive loss of water from the body.

Water is both expelled and consumed with normal daily activity, for example just the simple task of breathing everyday we lose about two cups of water.

Fluids can also be excreted through various other ways, such as strenuous activity, excessive sweating and urine.

Additionally, ingesting alcohol or caffeine, having diabetes mellitus or eating disorders, and taking diuretics (which can include blood pressure medication) can also lead to excessive fluid loss thereby increasing risk of dehydration.

Let's also not forget GTMO's favorite pastime: SCUBA diving. Due to the extremely dry air inside of scuba tanks, air that is taken into the lungs is saturated by its moisture, causing nearly twice the normal amount of water to be lost from the body. Negative pressure breathing causes divers to lose about 350cc per hour from their circulating blood volume,



PFC Antwaun Irvin, takes a break from his workout here to drink some water.



Photos by AF Staff Sgt. Joshua Gorman

PFC Antwaun Irvin, 1-181st Inf. Regt. B Co. lifts weights at the gym. Weight lifting, along with other forms of exercise require water in the body to avoid dehydration.

a phenomenon called immersion diuresis.

During regular exercise, humidity can also be a factor. The rate of sweating is higher in humid conditions, but the cooling is less. The reason for this is the air is already saturated with water; sweat can't evaporate and therefore does not function in the cooling process, but it still depletes the body of vital water and salt.

As dehydration progresses cooling becomes more difficult, ultimately performance declines, and heat injury becomes an increasing threat.

Deaths have been known to occur in temperatures less than 75 degrees, but the relative humidity was above 95 percent.

For example: an average person may lose one to two liters of fluid during a normal workout.

Athletes can lose up to 2.8 liters of fluid per hour during an intense workout such as running, cycling and strenuous hiking.

Signs and symptoms of dehydration can include a dry mouth and tongue, apathy and lack of energy, muscle cramping, dark yellow urine, nausea, headache and poor performance.

Prevention

Drink plenty of fluids, on average consume at least 8, eight oz glasses of water daily.

Avoid caffeinated beverages and alcohol Wear light colored, absorbable, loose fitting clothes.

Plan workouts that limit exposure to the sun and humidity.

Sports highlights

Lakers make a comeback in series against Spurs

Compiled by AF Staff Sgt. Joshua Gorman

Round two of the NBA playoffs continued this week in the west with the Los Angeles Lakers against the San Antonio Spurs, and the Minnesota Timberwolves facing the Sacramento Kings. In the east, the Indiana Pacers are facing the Miami Heat, and the New Jersey Nets go against the Detroit Pistions.

As of Monday, San Antonio has a 2-1 lead over Los Angeles heading into game four in Los Angeles. Indiana leads their series 2-0 going into Miami Monday night. New Jersey is trailing the Pistons 1-2 as that series moves to game four at New Jersey. Minnesota and Sacramento are tied in their series 1-1 going into game three.

Moving into the fifth week of baseball season, the **Anaheim Angels** hold the best record this season at 22-10, followed by another west coast team, the **Los Angeles Dodgers** with a record of 20-10.

As of Monday, **Barry Bonds**, **San Francisco Giant's**, is stuck in an 0-15 slump and is still recovering from a severe

sinus infection that almost had him taken out of a game Sunday against the **Cincinnati Reds**.

The **Houston Astros** defeated the **Atlanta Braves** Sunday 2-1, with both teams only having a total of 6 hits the entire game.

Atlanta left fielder, **Chipper Jones** is 0-6 with four strikeouts since coming off the disabled list recently.

**

Joel Schumacher, six-time Formula 1 champ, put another notch on his belt Sunday with a victory at the Spanish Grand Prix at Circuit de Catalunya. Second place went to **Rubens** **Barrichello** from Brazil, and third place to **Jarno Trulli** from Italy.

In the NHL playoffs, the **Stanley Cup Finals** are getting closer with only four teams remaining in the conference finals.

As of Monday in the east, the **Tampa Bay Lightning** lead their series 1-0 against the **Philadelphia Flyers.**

In the west, the **Calgary Flames** lead the series 1-0 against the **San Jose Sharks** going into the second game Tuesday night at San Jose.

Compiled from www.espn. com

Observations over the last 60 days at JTF GTMO

By AF Staff Sgt. Joshua Gorman

To be honest, I've never written an article of this sort before, and with SPC Fahr on another assignment this week, I decided there's only one way I could write this.

Being an Air Force member here, I've only known SPC Fahr for a short time, but he's a friend of mine now, and his articles always seemed to surprise me.

Sometimes I read them and laughed and sometimes I read them and wondered how in the world he comes up with this stuff.

I've decided to construct a compilation of SPC Fahrs commentaries since my time here and see if I can analyze and figure out what exactly he's trying to get across to the rest of us.

Let's go to my first *Fahr Game*, March 19. This one was fairly self-explanatory, with a brief look at the NCAA men's basketball tournament and who might end up going to the Final Four.

Now what SPC Fahr didn't tell you is who he thought was going to win and who wasn't going to win, but believe me I heard about it every day in office conversation.

The one team he said wasn't going to win was the Duke Blue Devils, who as we all know made it to the semi-finals against the eventual national champs, the University of Connecticut Huskies.

Moving onto the next week, March 26,

"FAIR" GAME

SPC Fahr makes it quite clear that he doesn't like Duke, or the fact that every season game they play, including a fun game of H-O-R-S-E, is probably going to be on ESPN.

Maybe it's just me, but I don't think he's a Duke fan, but I'm with him on that topic too.

Then he moves to a touchy subject, and that is college football.

He mentions that Notre Dame's entire football season is run on NBC or the Notre Dame Broadcast Corp. I'm going to have to disagree with this one, but that's only because I'm a Notre Dame fan. I think he's just jealous of the Irish

Going into my third issue, April 2, Fahr discusses the important questions, ones I think we all had once we found out we'd be deploying to Guantanamo Bay, Cuba.

For example; Q: How long should I use the MWR computers before allowing that guy waiting patiently a chance to visit with his loved ones?

A: Twenty minutes. That's 20 minutes total. Not 20 minutes of e-mailing, 20 minutes of online poker, and then 20 minutes of Dialpadding.

I had to mention that question because I

agree with it, but now I have a question of my own.

Am I the only one that's noticed the dust bowls running through the computer rooms now that Dialpad is gone?

Onto the April 9 issue. Fahr seems a little on edge about his roommates "nuclear siren alarm clock." Apparently it was loud enough to shake the hooch every seven minutes.

I've never experienced this, but I have experienced the "nuclear hardened alarm clock" which you can throw across the room, drive over, and soak in acid and it still goes off every morning on time.

We weren't given another *Fahr Game* until two weeks later in the April 23 issue. This week he discussed just how hot it is down here in GTMO.

For example, he states, "Hot? Guantanamo Bay is hot. Look in the dictionary under "hot," and you'll find a map of Cuba."

Coming from the South myself I can agree with him on this topic as well.

Finally, the April 30 article, in which he discussed his absolute fear of sharks. I know this is true because he was telling me about it when I met him on the rotator over here.

Well in retrospect, I've realized four things about SPC Fahr during my time here. One, he doesn't like Duke. Two, he doesn't like alarm clocks. Three, he doesn't like sharks, and four, he's terrible at Tiger Woods PGA Tour 2004, at least against me.



C Co. 1-181st Inf. practice target identification in an urban environment





Photos by SGT Jolene Stake



By SGT Jolene Staker

Soldiers of C Company, 1st Battalion, 181st Infantry Regiment, performed an urban operations manuever live-fire which included: short range marksmanship skills, movement skills, crossing a linear danger area, and entering and performing precision room clearing.

"We have to assume that noncombatants are mixed in with combatants," said 1LT Stephen Rooney, company executive officer. "Something we are going to see more of in today's world."

"They got to engage targets that were more lifelike as opposed to a standard sill-outette from 25-50 meters," said CPT Robert Michaud, company commander. "These targets were within 10 meters with faces, hands and weapons. They had to make a split second decision if they could engage that target and be covered under the rules of engagement.

Clockwise, from bottom left: PFC Steven McGurn gets ready to throw a M-67 fragmentation grenade.

SGT Rafael Howard leads his team into the room ready to engage targets.

(left to right) SGT Dan Goguen, SPC Keith Benichasa, SSG Christ Theopile and CPL Anthony Alexis take cover behind a building and prepare to tactically cross a street.

SGT Scott Kennedy, SPC John Roberts, SGT Craig Guertin and PVT David Talcofsky cross the street tactically, providing cover fire for each other while crossing.

(left to right) SGT Ron Dennison, 2LT Chad Cormier and SSG Mark Brower engage enemy targets in a room, taking caution not to engage non-combatants.

Chaplain's Corner



Mother's Day Service

(Above) CH (MAJ)
Daniel Odean leads
prayer prior to receiving
the offering at Sunday's
service at Trooper's
Chapel.
(Right) CH (LTC) Steve
Feehan conveys his
sermon about the role
and importance of
mothers during the Sunday morning service at
Trooper's Chapel.



Photos by AF Staff Sgt. Joshua Gorman

Padre's CornerBy CH (LCDR) James Dowds

Jesus says: "This is how all will know that you are my disciples, if you have love for one another." John 13.

Of all the criteria the Lord could have established, LOVE was chosen! Isn't LOVE the most basic desire of all human hearts? All of us want to LOVE and be LOVED! We are not speaking here of the popular notion of love which can have more to do with "getting our needs met," than truly loving another. The Word of God speaks of a very specific kind of LOVE. This is God's LOVE, poured out in Christ Jesus. The paradox is this: it is in serving, emptying, sacrificing, and the laying down of our lives, that we find our truest self, are filled up, blessed with deep happiness, and fulfilled. It was fitting that we heard this Gospel proclaimed in the liturgy just last weekend, when we celebrate Mother's Day. *Mother's mirror* a particularly eloquent version of God's love!

Chapel Services and Programs

Alpha Course

A discussion forum designed to answer questions about Christianity. Held at Camp America North, room L001, every Tuesday at 7 p.m.

Soul Survivor

Listen to contemporary Christian music and dynamic preaching. Held at the Club Survivor deck every Wednesday at 7 p.m.

Thursday Ticket

A contemporary movie is played. Afterwards discuss ethics shown in the film. Held at Camp America North, room L001, every Thursday at 7 p.m.

Attractive LightsBy CH (LTC) Steve Feehan

Many years ago, in the city of Philadelphia, there raged a controversy and debate over the value and necessity of streetlights.

One local storekeeper weighed into the debate not with words but with action. He simply hung a lantern in front of his shop and left it lighted all night.

This one light was so attractive and provided so much security that soon others were following the practice. The proponents of street lighting won the day. The city adopted the practice of lighting the downtown area.

"You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they see your good works and give glory to your Father who is in heaven" John 5:14-16

Heavenly Bits and Pieces

By CH (MAJ) Daniel Odean

If God had a wallet, your picture would be in it

If you know God as your Heavenly Father through Jesus Christ our Lord, you are a child of God and you are loved more than you can even realize or imagine. Do you have this Father - child relationship with God? Is your eternity secure?

I John 5:1-3 says, "Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the Father loves his child as well. This is how we know that we love the children of God: by loving God and carrying out His commands. This is love for God: to obey His commands. And His commands are not burdensome."

15 Minutes of Fame...

With SSG Alfred Valree, 177th MP Bde.

By SPC Katherine L. Collins

Joining the military as a young draftee during the Vietnam Conflict, SSG Alfred Valree quickly adapted to the military way of life, finding enjoyment and pride in its many challenges. Having served a full career, primarily as a mechanic, he looks to his future beyond his Army experience, valuing the time he will spend with his supportive family and ways he will further pursue goals Vietnam helped him create.

Q: What inspired you to join the military?

A: My first enlistment I was drafted at age 19 for Vietnam. After spending time in combat, I got a liking to the military way of life. It was tough, but I liked the challenge. So I joined the Army National Guard for that same excitement.

Q: How many years and in what branches and components have you served?

A: I spent six years on active duty, then four years with the Alabama Guard, then 21 with the Michigan Guard.

Q: Where have you deployed?

A: I've deployed to Vietnam, Korea, Fort Bliss, Texas; Fort Lewis, Wa.; Fort Bragg, N.C. and Cuba.

Q: What do you recall as your best military experience?

A: Korea, because it was like I was on leave but working. After work I'd go explore and experience the country.

Q: What is most memorable about serving in Vietnam, and how did the experience mold you?

A: The most memorable aspect of Vietnam was the ever-present knowledge that I might not make it home or at least return in good condition. Grasping the possibility of death, I began to take life more seriously, which helped me figure my values in life and think about future dreams and goals.



Photo by SPC Katherine L Collins SSG Alfred Valree, of the 177th MP Co., works as a mechanic for JTF, a job providing him the enjoyment of "learning what makes different objects tick." Here he looks at a broken radiator hose.

Q: How has your military service impacted and molded you as a soldier and a person?

A: It has given me discipline and definitely helped me care more about life and its meaning.

Q: In what ways has your family supported you in your military service?

A: They've taken care of my personal and business affairs while I've been away – my sister has cared for my bills and children.

Q: What is your mission with JTF and employment back home?

A: I am a mechanic supervisor here and at home.

Q: What other MOSs have you held in the military?

A: I was an infantry reconnaissance sniper, helicopter crew chief and mechanic, light wheel mechanic and a generator mechanic.

Q: How did you come to hold your current job in the military, and what do you enjoy most about it?

A: I love mechanics because I love learning what makes different objects tick. So, already a mechanic as a civilian, I chose mechanics in the military too.

Q: What has been your greatest challenge here in Guantanamo?

A: The six-mile ruck march was tough.

Q: What personal strengths do you find benefit you most in this mission?

A: I already know the more advanced ways of working on today's new equipment. Also, the ability to learn the different jobs of others and share minor experiences with them.

Q: What do you do to relax at home and when you deploy?

A: At home, I go to the movies, plays and concerts. When deployed, I go to the beach.

Q: What goals have you set for yourself while here?

A: To budget myself as I face the adjusted income between what I earn at home and here. I've met my goal.

Q: What has been most rewarding about this mission?

A: Making new friends and working with all the different branches of service.

Q: Looking back on your overall military experience, what makes you most proud to serve?

A: The challenges that each day brings makes me most proud. It's the opportunity to travel to different countries and experience different cultures that most makes me enjoy serving.

Q: What are your immediate and long-term plans for when you return home?

A: First when I return, I will vacation to Florida with my family, then go on a cruise for a week. I also plan to retire from the military by the end of the year.

The GTMO Guide: Answers to Your Questions

Who can help me? What's for lunch? What movie's playing? Where can I find that? How does this work?

Knowledge bowl comes to GTMO

Are you a Jeopardy fan? Have strange and random pieces of facts and trivia swirling in your head? Well, now you have the chance to show GTMO how much you know and win some great prizes from MWR, too!

The Community Library invites you to be a part of "Knowledge Bowl," May 21st at the Windjammer.

All departments, divisions, and commands are invited to send one or more teams of four to compete for prizes and a magnificent tro-

As teams advance, the competition and questions get more and more difficult, in the end one winning team is crowned "The Supreme Keepers of Arcane Knowledge."

Bus stop routes include the following stops. Not all stops are listed.

Sherman Avenue

First Street - :00; :30; East Caravella – :03; :33; Marine Hill - :05: :35: Post Office - :10; :40; Windjammer -:11;:41;NEX -: 14;:44; Bulkeley landing – :17; :47; Ferry landing -:21;:51;Commissions Building -:23: :53: Ordnance - :26; :56; Bulkeley landing – :28; :58; NEX -: 32;:02; Windjammer – :36; :06; Post Office – :37; :07; Marine Hill – :41; :11; Hospital – :48; :18; Windward Loop 1 – :52; :22.

Teams will be assigned a number to determine their order in the competition. Our Master of Ceremonies will supply the questions, and answers must come from the team as a whole. A team of three judges will adjudicate when necessary.

Want to show off your smarts? Here's all you do:

Organize a team(s) of four to represent your unit

Call 4700 or e-mail Maxine Becker at beckerma@ usnbgtmo.navy.mil.

Provide the names and contact information for each team member.

All teams must register before May 18.

Show up at the Windjammer, May 21. Competition begins at 7pm.

Your guide to ...

Buses

Camp America/NEX

Camp Alpha - :00; :20; :40; NEX trailer - :02; :22; :42; Camp Delta 2 -:06; :26; :46;

TK 4 - :12: :32: :52:

TK 1 – :16; :36; :56;

Windjammer/Gym -

:23; :43; :03;

NEX -: 30; :50; :10;

Windjammer Gym -

:35; :55; :15;

TK 1 - :40; :00; :20;

TK 4 - :46; :06; :26;

Camp Delta 1 -

:52: :12: :32:

Camp Alpha – :00; :20; :40.



Camp Bulkeley

Notice:

The Bulkeley

Lyceum

will be closed

this week to

make repairs

on the

projector.

Downtown Lyceum

Fri., May 14

8 p.m.Scooby Doo 2 PG - 87 min 10 p.m. The Ladykillers R - 104 min

Sat., May 15

8 p.m. Agent Cody Banks 2 PG - 100 min 10 p.m. Man on Fire R - 146 min

Sun., May 16

8 p.m. Never Die Alone R - 88 min

Mon., May 17

8 p.m. The Ladykillers R - 104 min

Tues., May 18

8 p.m. Taking Lives R - 103 min

Wed., May 19

8 p.m. Never Die Alone R - 88 min

Thurs., May 20

8 p.m. Starsky and Hutch PG13 - 100 min



Marine Corps Sergeant Major SGM John L. Estrada speaks to JTF Marines during a recent visit to the Marine Corps Security Force at Guantanamo Bay. He reminded the Marine augmentees about the high standards people expect from Marines, no matter what their duty or position.

The IG procedure

By LTC Anthony Deskis

There is a common misconception that when a trooper complains about another trooper the Inspector General (IG) will open an investigation.

An investigation or inquiry is based on an allegation that specific conduct by a specific trooper violated a specific standard. The IG will first conduct a preliminary analysis. This process examines the grounds of the complaint and determines if the issue is appropriate for IG action. This process takes time and may involve checking many sources including Federal Law, the UCMJ, regulations, policies, SOPs. Once the preliminary analysis is complete, the IG will tell the complainant the allegation is founded or unfounded, refer the matter to the appropriate agency or command, or conduct an inquiry.

Very few matters that are brought to the IG result in an inquiry or investigation. This means that if you believe that someone has filed an IG complaint against you that the matYour guide to ... IG

ter will be carefully examined before an inquiry is started.

If you have a question or any other matter that you can't solve in your chain of command, please feel free to contact the Inspector General.

Each IG team member is ready to assist you with issues you may be experiencing during this deployment.

You may visit the IG office in Room 204 of the Commissions Building Monday through Friday from 8 a.m. to 4 p.m. and Saturday from 8 a.m. to noon. The IG phone number is 5399.

The Camp America IG office is in Building 7200 and is staffed Monday, Wednesday, and Friday afternoons 1-4 p.m. and Tuesday, Thursday, and Saturday mornings 8-12 a.m. The Camp America Office phone is 3501. IG assistance is available anytime by appointment.

Troopers reminded to review teen policy; littering

Troopers are reminded to be aware of standing policies regarding interaction with teenagers and children of Naval Base personnel.

General Order number 1 Paragraph 6-j states, "Having guests in housing at any time who are below the age of 18, or still a student in high school unaccompanied by a legal guardian is prohibited." This also includes interacting with teenagers for any reason

JTF Policy Memo number 6, Paragraph 5 states, "The possession or con-

sumption of alcoholic beverages by persons under 21 years of age is strictly prohibited." Please remember to refrain sharing any alcoholic beverages with minors on base or co-workers under 21 years of age.

Troopers are also reminded to be responsible and control any litter. Naval Base care is as much a JTF responsibility as the Navy. If you see anyone improperly disposing of trash, please remind them to put it in a proper trash container.



Catholic

Main Chapel

Wed. 5 p.m. Holy Hour and Rosary 6:00-6:25 p.m. Confessions 6:30 p.m. RCIA (Chaplain's office)

Sat. 4:15 p.m. Confession 5:30 p.m. Vigil Mass Sun. 9 a.m. Mass

M-Fri. 10:15 a.m. Spanish Mass (Sanct. B) Mass (Cobre Chapel)

Camp America
Sun. 7:30 p.m. Mass

Protestant Main Chapel

Mon. 7 p.m. Prayer Group Fellowship*
Wed. 7 p.m. Men's Bible Study*
9:30 a.m. Sunday School
11 a.m. Service/Sunday School

* Fellowship Hall located in Chapel Complex

Camp America

Tues. 7 p.m. Alpha
Wed. 7 p.m. Soul Survivor (Club Survivor)
Sun. 7:30 a.m. Christian Worship

9 a.m. Protestant **New Life Fellowship**

Sun. 1 p.m. Service (Main Chapel)

Pentecostal Gospel

Sun. 8 a.m. Service (Sanc C) 5 p.m. Service (Sanc C)

Church of Jesus Christ of Latter Day Saints

9 a.m. Sanctuary A

Islamic

Fri. 1 p.m. Classroom 12, Chapel Complex

Jewish

Call 2323 for more information

Camp America Church Bus schedule:

Sun. 8:15 a.m. Tierra Kay
The bus will return following worship.



Today: Lunch - Parmesean Fish;

Dinner - Grilled Steak

Sun.

Saturday: Lunch - Baked ham;

Dinner - Baked Lasagna

Sunday: Lunch - Chicken Cordon

Bleu; Dinner - Roast Beef **Monday**: Lunch - Swiss Steak;

Dinner - Cajun Roast

Tuesday: Lunch - Pork Adobo;

Dinner - Salisbury Steak

Wednesday: Lunch - Lemon Baked Fish; Dinner - Jagerschnitzel

Thursday: Lunch - Steak Ranchero;

Dinner - Roast Turkey

Friday: Lunch - French Fried Shrimp;

Dinner - Seafood Platter

